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March 26, 2019

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FOR IMMEDIATE RELEASE

April 1-7 is National Public Health Week

The Sarpy/Cass Health Department recognizes National Public Health Week 2019 (April 1-7) by promoting this year's theme, "Creating the Healthiest Nation: For science. For action. For health." The focus is on creating the healthiest nation where everyone has opportunities to be healthy.

National Public Health Week celebrates and highlights key strategies that have been instrumental in improving the health of residents. The Health Department is kicking off the week with an open house on Monday, April 1 from 9:00 a.m. to 1:00 p.m. A variety of complimentary services will be provided, including blood pressure screenings and bike helmet fittings. Free short-term radon gas testing kits and free colorectal cancer screening kits will also be available. Valuable resources and education regarding a variety of topics can be found on our Public Health Week webpage at <https://www.sarpycasshealthdepartment.org/national-public-health-week>

The Sarpy/Cass Health Department's mission is to improve the lives of all Sarpy and Cass County residents through prevention, promotion, and protection of the public's health. The Department offers programs and services on emergency preparedness, disease surveillance, active aging, maternal and child health, injury prevention, chronic disease prevention, and environmental health.

The Health Department can be reached at 402-339-4334 or at www.sarpycasshealthdepartment.org.

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